# Clinical Test of Anti-Acne Product from SAFACURA

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#### **Abstract**

The anti-acne product from SAFACURA was shown inhibitory activity on acne and it was not shown any side effect. The practical way of acne prevention and removal is to keep our body health.

#### Introduction

Acne is a disease that affects the skin's oil glands. The small holes in skin connect to oil glands under the skin. These glands make an oily substance called sebum. The pores connect to the glands by a canal called a follicle. Inside the folicles, oil carries dead skin cells to the surface of the skin.

A thin hair also grows through the follicle and out to the skin. When the follicle of a skin gland clogs up, a pimple grows. Most pimples are found on the face, neck, back, chest, and shoulders.

Like melanin in skin and skin wrinkles, acne on skin does not cause serious health threat. People suffer from acne can still alive even though they do not have any surgery. Therefore, anti-acne product is grouped as a cosmetic.

A clinical research on an anti-acne product from SAFACURA was carried out to test its efficacy and toxicity.

### **Material and Method**

Anti-acne product was taken from SAFACURA. Tap water is used for dilution.

Ten ml of anti-acne product was added to a face plate. Water was added to dilute the product to the ratio of 1:20. The mixture was stirred thoroughly. The affected area was washed by the mixture by 30 minutes twice a day (at 7 am and 10 pm) for 14 days. The product was self-tested and then tested for 10 volunteers.

#### Results

Some pimples disappeared after washing for 7 days. But other pimples appeared at another area. About 99.9% was removed after washing for 14 days. These efficacy and toxicity were worthed promote to others and ten people tested and evaluated. Seven people showed >90% and three people showed >70% activities on removing acne. Three people think that the product was effective on removing acne on the washed area but acne would grow at another area. Therefore, the practical way of acne prevention and removal is to keep our body health.

## Conclusion

The anti-acne product from SAFACURA was shown inhibitory activity on acne and it was not shown any side effect. The practical way of acne prevention and removal is to keep our body health.