

Omni-bearing Approach on Treatment of Eczema

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Abstract

From my personal experience, omni-bearing approach was used for the treatment of eczema over ten years. Hundreds of natural products and Herbal formula were tried and tested orally and / or applied externally, together with different brands of ointment were tried and applied. In addition, different types of medical treatments and methods were tried. As a result of this, treatment of Eczema without steroids was gradually developed and 10 people were participated on the self and then volunteer test. 90% reported results as positive.

Introduction

From my personal experience, omni-bearing approach was used for the treatment of eczema over ten years. Hundreds of natural products and Herbal formula were tried and tested orally and / or applied externally, together with different brands of ointment were tried and applied. In addition, different types of medical treatments and methods were tried. As a result of this, treatment of Eczema without steroids is gradually developed as steroids have many side effects. To avoid eczema, we should keep away from allergen. Also, drink more water everyday and eat less sweet food can reduce the chance of getting eczema from my experience. In addition, apply Ointment X 3-4 times a day if eczema starts to appear on skin. Ointment X is an ointment selected from hundreds of different brands of ointment tried and tested, which has positive result on treatment of eczema and is composed of Chinese Medicine without any steroids and antibiotics. If Ointment X is failed, Ointment Y can be introduced. Ointment Y is an ointment selected from hundreds of different brands of ointment tried and tested, which has positive result on treatment of eczema and is composed of Chinese Medicine and disinfectant without any steroids. If they also failed, seek medical help from doctors. Ten people having eczema, who do not want to use steroid to treat eczema, were participated on the self and then volunteer test¹.

Experiment

Five people having eczema, who do not want to use steroid to treat eczema, were participated on the self and then volunteer test according to the following conditions:

1. Keep away from allergen
2. Drink more water everyday
3. Eat less sweet food
4. Apply Ointment X 3-4 times a day if eczema starts to appear on skin. (Ointment X is an ointment selected from hundreds of different brands of ointment tried and tested, which has positive result on treatment of eczema and is composed of Chinese Medicine without any steroids and antibiotics.)
5. Apply Ointment Y 3-4 times a day if Ointment X is failed. (Ointment Y is an ointment selected from hundreds of different brands of ointment tried and tested, which has positive result on treatment of eczema and is composed of Chinese Medicine and disinfectant without any steroids)
6. Seek medical attention if Ointment Y is failed.

Using conditions 1-5 to cure eczema successfully, the result is taken as positive. If steroid is used in medical attention, the

result is taken as negative for our approach.

Results

Nine of ten people (90%) reported results as positive using only 1-4 conditions. That means using Ointment without any steroids and antibiotics.

Discussion

Although 90% samples report results as positive using only 1-4 conditions without steroids, more clinical samples are required for statistical prove. People who do not want to use steroids to treat eczema can send email to harmonouniversa@hotmail.com.hk . We may provide Ointment X samples for you to try.

On top of that, more scientific evidence are needed to show why drinking more water and eat less sweet food can reduce the chance of getting eczema.

In addition, this method cannot be incorporated in eczema with infected wound. Seek medical attention if it has infected wound.

Conclusion

Treatment of Eczema without steroids was developed. More clinical samples are required for statistical prove.

Reference

- [1]. YEUNG Ming Fai. A Practical Methodology of Clinical Test, Self And Then Volunteer Test. *Natura Proda Medica*. 2011, 4: 1.